



Life in the wellness area

Pool rules

ACCESS : Access to the pool is reserved for hotel guests only. It is forbidden to bring in people who are not staying at the hotel.

People who cannot swim are not allowed in the pool.

SCHEDULE : The pool and spa are open from 8:30 a.m. to 8:30 p.m. the hammam from 4 p.m. to 7 p.m. on order at reception for ecological reasons.

TEMPERATURES AND DEPTHS : Pool 28°C, depth 1.50m, hammam 45°C at 100% humidity.

Access may be closed without notice for cleaning or any other reason for maintenance.

MINORS : Minors may only access the swimming pool in the company of their parents or legal guardian, who is responsible for supervising them for the duration of their presence on the premises. For minors, the swimming pool is accessible from 9:00 a.m. to 5:00 p.m.

DRESS CODE : Decent swimwear is required. You must use the changing rooms to change. You should not take valuables to the pool, a safety deposit box is available in your rooms. Long hair must be tied back, it is forbidden to dive under the water towards the suction drains with long or medium-length hair not tied back (bottom drains or wall drains of the waterfalls).

TAKE OFF YOUR SHOES BEFORE ENTERING THE POOL

SHOWER : Before accessing the facilities, use the shower and the mandatory footbath. Thorough rinsing is essential.

SAFETY : it is forbidden to: push a person into the pool, dive into the pool, run, throw objects, play with the furniture, jump in the

spa, hang on the waterfall, flood the walls and ceilings with pond water or waterfalls.

Any person introducing either soap/shampoo into the water, or a glass or a bottle made of glass, ceramic, or a breakable and sharp object in the swimming pool will be billed the sum of €5,500 corresponding to the total emptying of the swimming pool, the cleaning of filters and all chutes, filling and heating of water, changing of filtering media, etc., plus the amount of any damage to pumps, filters, exchangers, liners, compensation for interruption of operation on estimate from our pool installer and insurer with the hotel management.

SALUBRITY : Smoking, spitting, bringing food and alcoholic beverages into the swimming pool is prohibited. Prohibited from bringing corrosive, oxidizing products, nail polish/solvent, depilation products, exfoliation, coloring, tanning cream or other, oils, make-up, soaps, shampoos... Tanning oils and creams are supports to bacteria in the water and are therefore prohibited in the pool.

RESPONSIBILITY : Users are financially responsible for any damage they cause.

HEALTH : Before accessing the swimming pool or other facilities, make sure that your state of health allows it. Ask your doctor to confirm that you can access these facilities without risk. Among the contraindications: Taking alcohol or drugs, contagious diseases, allergy to chlorine, affection or skin lesions, infection with viruses, bacteria...

HAMMAM: These facilities are prohibited for minors. The duration of the bath should be less than 15 minutes. The

hammam door must be kept closed at all times.

Make sure your health condition allows access. Ask your doctor to confirm that you can access these facilities without risk. Among the contraindications: Taking alcohol or drugs, contagious diseases, skin disease or lesion, hypertension, hypotension, diabetes etc...

It is forbidden to bring books/telephones into the hammam, to bring corrosive, oxidizing, varnish/nail polish, hair removal, exfoliation, coloring products... The hammam diffuses essential oil at regular intervals of very high quality hydrolyzed eucalyptus, please make sure that you do not have an allergy to this essential oil.

RESPECT FOR QUIETUDE : The swimming pool is a place of calm and relaxation, users must adopt consistent behavior in order to preserve the well-being of all.

WATERFALL / SPA : Warn people around you before switching on.

Pay attention to the presence of children. Do not switch on if it may interfere with another bather. Intermittent switching on and off damages pumps and electrical contacts, if this is the case you may be charged for repairs.

Anyone not respecting the rules may be excluded from the pool.

EMERGENCY STOP : an emergency stop button for the pumps is located next to the stairs, use it in the event of proven danger and immediately notify the reception and/or the hotel management.

MESSAGE RESERVATION : All reservations are firm and definitive, which implies the acceptance of our general conditions of sale.

PRICES : All prices are displayed in euros, all taxes included.

GIFT BOX : Offer a moment of relaxation to your loved ones. Find our gift vouchers on our online store.

DURATION OF CARE : Thank you for respecting the punctuality of appointments and for arriving at the reception 10 minutes in

advance. Any delay will be reflected in the reserved treatment time. The duration of the treatment corresponds to the treatment by the practitioner including preparation, maintenance, care, rest and post-treatment rehydration.

PROVISIONS : Our Spa provides bath towels, bathrobes and slippers (charged if they run out). In the treatment room, underwear is mandatory. We accept no responsibility for the health of customers; medical contraindications must imperatively be declared when booking treatments. The hygiene of the body of the clients must be irreproachable at the time of the realization of the care. The Hôtel de l'Abbaye team reserves the right to impose a shower or refuse to provide care in the event of skin infections, in which case the service remains due. Our massages/massages are non-therapeutic and non-medical well-being treatments for relaxation and relaxation.

CANCELLATION OF TREATMENTS/MESSAGES: The Hôtel de l'Abbaye will require payment for any treatment initially reserved in the event of cancellation less than 48 hours in advance or failure to show up for the appointment. The cancellation of a treatment as part of a stay package cannot give rise to a refund or compensation.

ECOLOGY: It is forbidden to open the windows when the outside temperature is below 30°C so as not to disturb the dehumidifier and the air heating system. For your ultimate comfort, we have installed a double flow dehumidification system which is one of the best existing to date, it recovers more than 90% of the energy and renews all of the ambient air every hour continuously.

Thank you for your attention, we wish you wonderful moments of relaxation in our facilities.